



Ellie welcomes the new Leominster to Kington bus service

A new bus!

Ellie is delighted that there is now a regular bus between Leominster and Kington.

Residents have told Ellie that being able to travel between our market towns via public transport is an essential part of Herefordshire life. Getting to the doctor, optician, shops and post office are all vital.

The new 465 Sargeants bus from Leominster to Kington stops at Kingsland, Shobdon, Presteigne, and Titley.

Ellie knows there's lots more to be done to improve connections across the whole constituency – for example, from Leominster to Bromyard – and is determined to keep on campaigning for the investment we need in rural bus services!



Warm homes for all

Ellie supports residents to reduce heating bills over winter



Ellie speaking up for warm homes

Funding community projects

Ellie has pledged to donate several thousand pounds from her MP salary each year to support projects in the constituency that make life better by tackling inequality through care and creativity.

So far Ellie has given £10,000 in funding to ten local projects, including Marches Family Network, ECHO, the Cart Shed, Home-Start and the HOPE Centre.

To apply for up to £1000 for a project near you, see elliechowns.org.uk/constituency-fund-ellie-chowns-mp/



Marches Family Network have benefited from Ellie's Constituency Fund

Get involved Keep in touch

Can you spend an hour every few months delivering Ellie's MP update leaflet near you?

To let us know if you can help, or for other ways to get involved please visit:

elliechowns.org.uk/get-involved



Contact Ellie to raise a concern or request a slot at a constituency surgery:

ellie.chowns.mp@parliament.uk

Subscribe to Ellie's regular email update:

elliechowns.org.uk/updates

Follow Ellie on social media:

@EllieChowns

Everyone deserves a warm home that has proper insulation and manageable bills. As winter approaches, Ellie has been supporting local people to access government grants to help tackle the cold.

Here's one local success story. A resident had applied for a Government scheme that provides free help to improve home energy efficiency, but struggled with the many hoops they had to jump through. Ellie and her team contacted the scheme, helped the resident iron out some details, and got the funding confirmed.

Energy efficiency work to the resident's home, including installing radiators, a heat pump and solar panels, has now been completed. The resident said to Ellie:

The ECO4 scheme that Ellie helped a resident to access is currently only available until March 2026. To find out more and to check if your household is eligible, search online for 'Keep Herefordshire Warm' or call 0800 677 1432.

Energy saving advice is also available from two local charities, Severn Wye Energy Agency (severnwe.org.uk/) and Marches Energy Agency (mea.org.uk/).

“ Thanks to the help of Ellie and her team I was able to get free energy efficiency improvements to my home.

My energy bills over winter will be much less than what they used to be. It has made a huge difference to my life - I can't thank Ellie and her team enough. ”

Could you be a new voice in politics?
Ellie wants to help you! Find out more: elliechowns.org.uk/new-voices-in-politics

INSIDE: How Ellie is helping Herefordshire residents

Ellie always working hard for North Herefordshire

Could your MP help?

How Ellie and her team solve local issues



Ellie and her local team are dedicated to solving issues that residents get in touch with her about.

Every month Ellie receives hundreds of emails from residents asking for support. A huge variety of topics come up!

- Ellie and her team are able to:
- Follow up with Government departments, utility companies, the NHS and so on, when they've made a mistake or are taking longer than usual to act
 - Connect people with other organisations or charities who can provide more detailed support
 - Help residents navigate applications, processes and complaints.

One resident said:

"The support Ellie and her team have provided has been truly life-changing for our family. We now have the stability and security we've been longing for."

At a time when life felt incredibly uncertain and overwhelming, their kindness and dedication have been a constant source of reassurance and hope."

Please get in touch if you have an issue or concern - Ellie will help the best she can!

To the right are just ten examples of what Ellie and her team have achieved.

- ### What Ellie's done for residents
1. Pushed the NHS to schedule a resident's operation after target waiting times were missed - they received a letter from the NHS shortly after!
 2. Re-instated a resident's pension after Government department mistakes.
 3. Helped a couple in the armed forces find a nursery place for their child in an area of low availability.
 4. Questioned the council on council tax increases and helped find potential ways to reduce a resident's bill.
 5. Contacted Openreach after a region of the constituency was cut off from broadband - they addressed the issue swiftly!
 6. Re-instated postal mail to a resident's house after the Royal Mail had stopped delivering to them.
 7. Helped a resident find emergency housing after becoming homeless.
 8. Got the DVLA to turn around a new driving licence quickly after slow progress.
 9. A resident had issues with and damage to their windows and so Ellie reached out to the social housing organisation responsible. The windows were fixed and compensation arranged.
 10. Re-instated PIP for a resident after Department for Work & Pensions error and poor handling.



Finding out about Cadbury's Marlbrook Factory near Leominster



Getting involved at Rowden House open day



Enjoying multi award winning Fiddlers Elbow fish and chip shop in Leintwardine!



Visiting shops in Kington



Leominster food fayre



With Severn Wye Energy Agency at Bromyard Food Bank



Ledbury tennis club



Holding a public meeting in Bromyard



At Bromyard's High School



Answering questions at Leominster public meeting



Studying the processes at Leominster Wastewater Treatment Works

Ellie's next public meeting is in Kington! All welcome.
Lady Hawkins School, Friday 12th December, 7pm start, tea & biscuits from 6.15pm