



Ellie Chowns MP
Member of Parliament for North Herefordshire
House of Commons, London SW1A 0AA

The Rt Hon Sir Stephen Timms MP
Minister of State (Minister for Social Security and Disability)
(by email)

14 May 2025

Dear Sir Stephen,

I am writing on behalf of a constituent who has received Personal Independence Payment (PIP) for many years due to mental health conditions. She was victim of sexual assault which has left her with PTSD, OCD, severe anxiety, and eating disorders.

She has informed me that at each PIP review she is required to undergo an assessment, the most recent on 3 March 2025. The assessments are deeply traumatic for her, as discussing her condition forces her to relive her trauma. She tells me that her mental health team discourage her from discussing her condition with strangers due to the negative impact on her health.

I understand that paper-based reviews are an option for individuals who may find assessments stressful. Could you please clarify whether this provision extends to those with a history of trauma, and what steps they need to take to request a paper-based review?

Thank you for your guidance in this matter.

Yours Sincerely,

Ellie Chowns MP